

# Open Airways For Schools® Scholarship Opportunity

The American Lung Association in Delaware is offering a free Facilitator Training & Certification for the American Lung Association's signature program, Open Airways For Schools®.

### Why Open Airways For Schools?

Open Airways For Schools (OAS) is a school- based curriculum that educates and empowers kids through a fun and interactive approach to asthma self-management. OAS is a recommended component of the American Lung Association's Asthma-Friendly Schools Initiative, a comprehensive approach to managing asthma in schools. It is also the most widely recognized asthma management program for children in the nation, and a proven-effective way to improve asthma self-management skills, decrease asthma emergencies and raise asthma awareness among families and school personnel.

#### Who are we looking for?

An Open Airways For Schools facilitator can be a school nurse or other staff member, a community asthma educator or a volunteer who likes working with children. Some knowledge and experience with asthma is preferred, but not required.

An Open Airways For Schools Certified Facilitator is a person who:

- Wants to help children learn how to control their asthma
- Can relate to children, offer support for their concerns and refer them for any extra help they may need
- · Helps children participating in Open Airways For Schools improve their quality of life

## What does this Scholarship include?

The Open Airways For Schools Facilitator Training, Materials & Certification is valued at \$175 and will be provided free of cost.

By becoming an Open Airways For Schools Facilitator, you get to:

- 1. Become a member of the Delaware Asthma Consortium
  - a. The DAC is a diverse, multi-disciplinary team of agencies, organizations and individuals in Delaware concerned with asthma. This group is committed to the sharing of mutual expertise and resources in addressing and reducing the burden of asthma in Delaware.
- 2. Participate in the Delaware Asthma Consortiums in-person meetings, as well as the monthly regional conference calls
- 3. Become a member of the Save Our Lungs Team!
  - a. The Lung Action Network addresses such topics as lung cancer, tobacco use, air pollution, lung disease research, and improved access to health care.
- 4. Air Quality School Flag Program Materials
  - a. Only provided upon successful completion of the Facilitator Training
  - b. The Air Quality Flag Program alerts organizations to the local air quality forecast and helps them to take actions to protect people's health, including those with asthma.

#### Interested?

If you think becoming an Open Airways For Schools Facilitator would be a good fit for you, please contact Torrin Davis at <u>Torrin.Davis@lung.org</u>. (Space is limited- scholarships awarded on a first come, first serve basis)

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